

Children/Teen Programs

Hip-Hop Till You Drop

Get ready because we have some great hip-hop dance moves for you! Learn all of the most popular hip-hop dance moves and be able to bring them to parties, dances, and clubs in no time. This class includes warm-up at the beginning of each class, routines, and a freestyle circle at the end of each class.

Registration Deadline: One week before the course begins.

- Session 1 - February 3 to April 13 (No class March 23)
Session 2 - April 20 to June 22
- Wednesday
- 6:30 to 7:15 PM
- Sabana Grande Recreation Center
- Min: 8 Max: 12
- \$45
- Ages 10 to 16



Dance Recital:

Session 1 - Sunday, April 17 and **Session 2** - Sunday, June 26 at 2:00 PM at Sabana Grande Recreation Center. Admission \$2 Adults, \$1 children ages 5 to 12, 4 and under are free.

Beginning Team Dance!

This course will teach the fundamentals of lyrical Jazz dance and the foundation to all Jazz-based dancing (such as contemporary and hip-hop). We'll also introduce basic team formations and choreography. Students will learn a complete beginning-level team dance routine for practice. Both boys and girls invited and welcome.

Registration deadline is one week before the course begins.

- Session 1 - February 8 to April 11
Session 2 - April 25 to June 20 (No class May 30)
- Monday
- 6:30 to 7:30 PM
- Sabana Grande Recreation Center
- Min: 8 Max: 15
- The fee for session 1 is \$45
- The fee for session 2 is \$36
- Ages 9 to 14



Dance Recital:

Session 1 - Sunday, April 17 and **Session 2** - Sunday, June 26 at 2:00 PM at Sabana Grande Recreation Center. Admission \$2 Adults, \$1 children ages 5 to 12, 4 and under are free.

Make-Believe Theatre

This program will enable middle and high school teens with “showbiz fever” to perform a full-length play to the public. Participants will have hands-on training in acting techniques, drama, voice projection, stage presence, blocking, stage directions, props, and costuming. Backstage techniques such as lighting, sound and special effects will also be taught. Reading and voice auditions are required.

We will be presenting a full length musical to the public on Friday, April 22 and Saturday, April 23 at 7:00 PM at the Sabana Grande Recreation Center. Admission is \$3.

Registration deadline is one week before the course begins.

- February 16 to April 21
- Tuesday and Thursday
- 6:30 to 8:00 PM
- Sabana Grande Recreation Center
- Min: 10 Max: 20
- \$50
- Ages 11 to 18



Beginning Tap

In this class, the instructor will teach beginning basic tap. It will cover technique, basic steps, rhythm, and sound. All of these components will be put to music and performed at a recital at the end of the session.

Registration deadline is one week before the course begins.

- Session 1 - February 8 to April 11
Session 2 - April 25 to June 20 (No class May 30)
- Monday
- 5:30 to 6:30 PM
- Sabana Grande Recreation Center
- The fee for session 1 is \$45
- The fee for session 2 is \$36
- Ages 9 to 14



Dance Recital:

Session 1 - Sunday, April 17 and **Session 2** - Sunday, June 26 at 2:00 PM at Sabana Grande Recreation Center. Admission \$2 Adults, \$1 children ages 5 to 12, 4 and under are free.

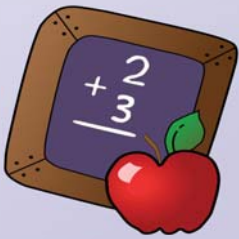
Tutored by Teachers Club

A homework club for middle school and high school kids.

We provide transportation from school to Star Heights Recreation Center. We start by having a 15 to 20 minute window between the time school gets out to when homework time begins. During this break the children can relax, have a snack, and then re-focus on their school work without feeling burned out. If students are done with their homework we then allow them to participate in the After-School Recreation Program.

- January 5 to May 13
- Monday thru Friday
- Star Heights Recreation Center
- \$35 per week for non-transportation option
- \$45 per week, includes transportation

Call Star Heights at 505-891-7230 for more information.



Scholarship Training

Have you ever wondered how other people's children get their college education paid for in scholarships? We will teach you how to find scholarships. We will also teach you the knowledge you need to know about looking into schools and how much money you will need for college, books, and living expenses for your student. \$15 fee per session. Scholarship training is on January 23, February 6, and March 5 from 9 to 10 AM. Call Star Heights at 505-891-7230 for more information.

FASFA Training

This class will help you fill out FASFA applications. \$10 fee per session. FASFA training is on January 23, February 6, and March 5 from 9 to 12 PM Call Star Heights at 505-891-7230 for more information.

Dynamic Dance

Using dance games to inspire imagination and invent movement, this class is about having fun while creating dance pieces. No dance technique is necessary. Both boys and girls are welcome to join. Wear loose-fitting clothing, be prepared to move in bare feet, and bring a water bottle. We will offer a performance of our creations at the last class.

Registration deadline is one week before the course begins.

- Session 1 - February 8 to April 11
Session 2 - April 25 to June 20 (No class May 30)
- Monday
- 7:30 to 8:30 PM
- Sabana Grande Recreation Center
- Min: 6 Max: 12
- The fee for session 1 is \$45
- The fee for session 2 is \$36
- Ages 9 to 14



Children/Teen Programs

Group Guitar Lessons for Kids

There's no time like the present to learn the basics of playing the guitar. This class will help you develop basic techniques, chord accompaniment, and note reading on classical, folk and popular music. Supplies needed: Acoustic guitar only, no amps.

Registration deadline is one week before the course begins.

- Session 1 - February 3 to March 9
- Session 2 - March 30 to May 4
- Session 3 - May 18 to June 22
- Wednesday
- 6:00 to 6:50 PM
- Sabana Grande Ladybug Room
- Min: 5 Max: 8
- \$55
- Ages 10 to 14

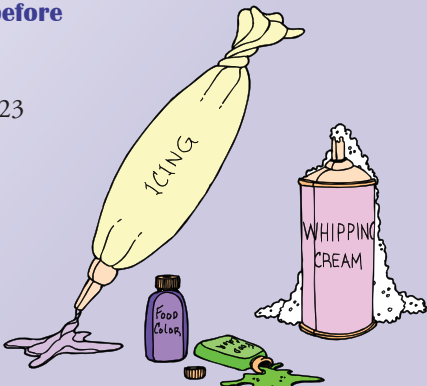


Basic Cake Decorating

This class introduces participants to basic cake decorating. You will also be taught the basic steps of baking a cake as well as applying the printing and icing. You will learn how to decorate cakes with roses, shells, zig zags, and many more designs. A list of supplies will be provided on your receipt. Beginning cake decorating kit is required.

Registration deadline is one week before the course begins.

- Session 1 - February 2 to February 23
- Session 2 - March 8 to March 29
- Session 3 - April 12 to May 3
- Tuesday
- 5:30 to 7:00 PM
- Sabana Grande Recreation Center
- \$27 per session
- Ages 12 to 18



Cake Pop Fun

In this class, your child will learn how to make the dough, icing and decorate the pops.

Registration deadline is one week before the course begins.

- Session 1 - February 29 and March 7
- Session 2 - March 14 and March 21
- Session 3 - April 11 and April 18
- Session 4 - May 2 and May 9
- Monday
- 5:30 to 7:00 PM
- Sabana Grande Recreation Center
- \$20 per session
- Ages 8 to 14



Candy Making Mania

Let your creativity run wild! Homemade candy is a fun, festive, and delicious way to dress up any party or special occasion.

Registration deadline is one week before the course begins.

- Session 1 - February 15 and February 22
- Session 2 - March 28 and April 4
- Monday
- 5:30 to 7:00 PM
- Sabana Grande Recreation Center
- Min: 4 Max: 10
- \$20 per session (including supplies)
- Ages 12 to 18



Science Saturdays

Come explore the world of Science and Math. Have you ever wondered what makes the world go round? How long does it take for a solar car to go 3 feet on a cloudy day? How high will a rocket fly if it has more weight on it than it was made for? Do chocolate and milk really mix? What is a supernova? What is a fractal? These questions will all be answered and more. This program will offer a hands on learning experience that helps enhance your child's understanding of Math and Science.

- Session 1: February 13, 20
- Session 2: March 12, 19
- Star Heights Recreation Center
- 9:00-11:00 AM
- 5th to 8th grade
- \$20 per participant, per session

Must show report card/power school for grade level. Call 891-7230 for more information.

The Wonderful World of Scrap Booking

This scrap booking class will show you how easy it is to organize your pictures. Each week you can add on to your scrapbook or create a new one. We will supply insert papers, stickers, borders and pens. You are required to bring your own scrapbook.

Registration deadline is one week before the course begins.

- Session 1 - March 7 to March 28
- Session 2 - April 4 to April 25
- Monday
- 5:30 to 7:00 PM
- Sabana Grande Recreation Center
- \$30 per session
- Ages 10 and up



Red Cross Babysitting Class

Be more confident when taking care of your child or someone else's child. Learn the basics of CPR and First Aid for child care

Registration Deadline: Friday preceding the event (No drop-ins allowed)

- March 19 or May 21
- Saturday
- 9:00 AM to 4:00 PM
- Haynes Community Center
- \$60
- Ages 12 and up



American Red Cross

Teen/Adult Programs



Group Guitar Lessons

This class will help you develop basic techniques, chord accompaniment, and note reading on classical, folk and popular music.

Registration deadline is one week before the course begins.

- Session 1 - February 3 to March 9
- Session 2 - March 30 to May 4
- Session 3 - May 18 to June 22
- Wednesday
- 7:00 to 7:50 PM
- Sabana Grande Ladybug Room
- Min: 5 Max: 8
- \$55
- Ages 15 and up (Supplies needed: Acoustic guitar only, no amps)



Zumba® @ Cabezon

It's an easy-to-follow, Latin-inspired, calorie-burning fitness and dance routine that's fun for everyone. This course will help get you into shape while having a blast! All levels welcome.

Registration Deadline: On-going

- Ongoing: January 12 through May 5
- No class: January 19, 21, February 4, 25, March 15, 17, 29, & 31, April 19 & 21
- Tuesdays and Thursdays
- Time: 5:30 PM to 6:30 PM
- Cabezon Community Center
- Max: 25
- \$5 per class
- Ages 16 & up

